

15 City and Suburban Road,  
City and Suburban,  
Johannesburg, 2001  
[www.sublimatedfx.co.za](http://www.sublimatedfx.co.za)

Telephone : +27 73 834 1176  
Email : [mail@sublimatedfx.co.za](mailto:mail@sublimatedfx.co.za)  
Contact : [www.sublimatedfx.co.za/contact.htm](http://www.sublimatedfx.co.za/contact.htm)

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**SUBLIMATED**  
**FX** <sup>TM</sup>

***Team Wear***  
***Engineered To Perform***

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## Getting your Sizes Right

Getting your size correct is always difficult, but we have found ways to help get it correct without guessing.

## Guaranteed!

- 1) Find a similar garment you like wearing that you own right now. For example, if you are ordering a golf shirt, pull out a golf shirt. If it is a dress, pull out a similar type make and fabric dress.
- 2) Turn to the page which has the item you are ordering and look where the arrow is showing you to measure.
- 3) Lay your garment on a flat surface and then measure your garment at that point shown on the graphic.
- 4) Now look at the chart and find the size that matches your garment.
- 5) Look up the Size Label on the chart above the measurement and you are done.

**If you have any questions, please send us a mail and we will be only too happy to help.**

## **IMPORTANT NOTICE**

**If you have Special needs (eg extra tall) you will need to consult the extended version with full specifications or contact us to help.**

**Our liability is limited to garments not manufactured to our specifications. We accept no responsibility or liability for items not fitting to your liking.**

# Sizing Guide Index

## Men's / Boy's Tops

|                                |        |
|--------------------------------|--------|
| Men's short sleeve shirts..... | Page 4 |
| Men's long sleeve shirts.....  | Page 4 |
| Men's sleeveless shirts.....   | Page 4 |
| Men's running vests.....       | Page 4 |
| Men's golf shirts.....         | Page 4 |
| Men's sweaters.....            | Page 9 |
| Men's hoodies.....             | Page 9 |
| Men's zip up tops.....         | Page 9 |
| Men's track tops.....          | Page 9 |

## Men's / Boy's Bottoms

|                         |        |
|-------------------------|--------|
| Men's sport longs.....  | Page 8 |
| Men's sport shorts..... | Page 8 |
| Men's Track longs.....  | Page 8 |

## Women's / Girl's Tops

|                                        |         |
|----------------------------------------|---------|
| Women's short sleeve shirts.....       | Page 5  |
| Women's long sleeve shirts.....        | Page 5  |
| Women's sleeveless shirts.....         | Page 5  |
| Women's golf shirts.....               | Page 5  |
| Women's Lycra vest.....                | Page 6  |
| Women's Lycra crop top.....            | Page 6  |
| Women's Running vests (NOT LYCRA)..... | Page 7  |
| Women's sweaters.....                  | Page 10 |
| Women's hoodies.....                   | Page 10 |
| Women's zip up tops.....               | Page 10 |
| Women's track tops.....                | Page 10 |

## Women's / Girl's Bottoms

|                           |         |
|---------------------------|---------|
| Women's sport longs.....  | Page 11 |
| Women's sport shorts..... | Page 11 |
| Women's track longs.....  | Page 11 |
| Women's sport skirts..... | Page 12 |
| Women's sport skorts..... | Page 12 |

## Women's / Girl's Dress

|                            |         |
|----------------------------|---------|
| Women's sport dresses..... | Page 13 |
|----------------------------|---------|



# Sizing Guide used for

- Men's short sleeve shirts
- Men's long sleeve shirts
- Men's sleeveless shirts
- Men's running vests
- Men's golf shirts

## Men's Tops Sizing Guide

|     | XS   | S    | M    | L    | XL   | 2X   | 3X   | 4X   | 5X   |
|-----|------|------|------|------|------|------|------|------|------|
| cm  | 50   | 52.5 | 55   | 57.5 | 60   | 62.5 | 65   | 70   | 75   |
| in. | 19.5 | 20.5 | 21.5 | 22.5 | 23.5 | 24.5 | 25.5 | 27.5 | 29.5 |

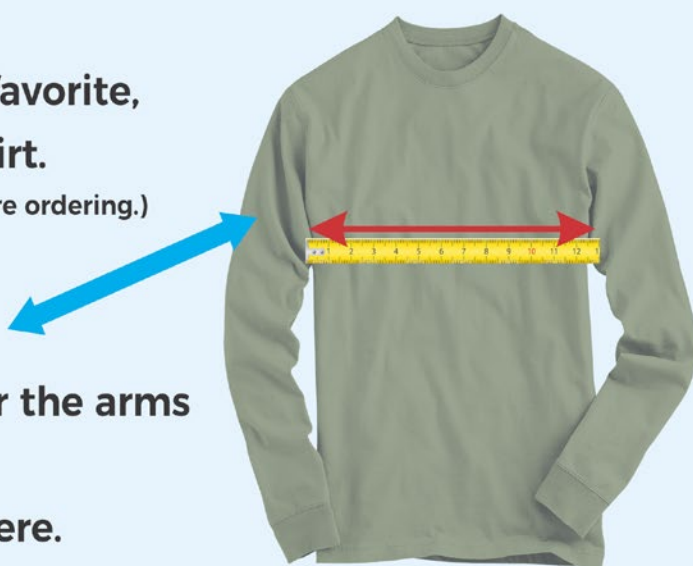
### Step 1:

Pull out your favorite,  
best fitting shirt.

(Similar to what you're ordering.)

### Step 2:

Measure under the arms  
left to right  
as indicated here.



### Step 3:

Find the size  
closest to yours  
on the chart.

## Boy's Tops Sizing Guide

|     | K1   | K2   | K3   | K4   | K5   |
|-----|------|------|------|------|------|
| cm  | 37.5 | 40   | 42.5 | 45   | 47.5 |
| in. | 14.5 | 15.5 | 16.5 | 17.5 | 18.5 |

## IMPORTANT

If you have Special needs (eg extra tall) you will need to consult the extended version with full specifications or contact us to help.

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## Sizing Guide used for

Women's Short sleeve shirts  
Women's Long sleeve shirts  
Women's sleeveless shirts  
Women's golf shirts

### Women's Tops Sizing Guide

|     | XS | S    | M  | L    | XL | 2X   | 3X | 4X | 5X   |
|-----|----|------|----|------|----|------|----|----|------|
| cm  | 46 | 48.5 | 51 | 53.5 | 56 | 58.5 | 61 | 66 | 70   |
| in. | 18 | 19   | 20 | 21   | 22 | 23   | 24 | 26 | 27.5 |

#### Step 1:

Pull out your favorite,  
best fitting shirt.

(Similar to what you're ordering.)

#### Step 2:

Measure under the arms  
left to right  
as indicated here.



#### Step 3:

Find the size closest  
to yours on the chart.

### Girl's Tops Sizing Guide

|     | K1   | K2 | K3   | K4 | K5   |
|-----|------|----|------|----|------|
| cm  | 33.5 | 36 | 38.5 | 41 | 43.5 |
| in. | 13   | 14 | 15   | 16 | 17   |

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# Sizing Guide used for Women's lycra vest Women's lycra crop top

## Women's Lycra Vests Sizing Guide

|     | XS   | S    | M    | L    | XL   | 2X   | 3X   | 4X   | 5X   |
|-----|------|------|------|------|------|------|------|------|------|
| cm  | 39   | 41.5 | 44   | 46.5 | 49   | 51.5 | 54   | 59   | 63   |
| in. | 15.3 | 15.8 | 16.8 | 17.8 | 18.8 | 19.8 | 20.8 | 22.8 | 24.8 |

### Step 1:

Pull out your favorite,  
best fitting shirt.

(Similar to what you're ordering.)

### Step 2:

Measure under the arms  
left to right  
as indicated here.



### Step 3:

Find the size  
closest to yours  
on the chart.

## Girl's Lycra Vests Sizing Guide

|     | K1  | K2   | K3   | K4   | K5   |
|-----|-----|------|------|------|------|
| cm  | N/A | 29   | 31.5 | 34   | 36.5 |
| in. | N/A | 11.4 | 12.4 | 13.3 | 14.3 |

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# Sizing Guide used for Women's Running vests

## Women's Running Vests Sizing Guide

|     | XS   | S    | M    | L    | XL   | 2X   | 3X   | 4X   | 5X   |
|-----|------|------|------|------|------|------|------|------|------|
| cm  | 39   | 41.5 | 44   | 46.5 | 49   | 51.5 | 54   | 59   | 63   |
| in. | 15.3 | 15.8 | 16.8 | 17.8 | 18.8 | 19.8 | 20.8 | 22.8 | 24.8 |

### Step 1:

Pull out your favorite, best fitting shirt.

(Similar to what you're ordering.)

### Step 2:

Measure under the arms left to right as indicated here.



### Step 3:

Find the size closest to yours on the chart.

## Girl's Running Vests Sizing Guide

|     | K1  | K2   | K3   | K4   | K5   |
|-----|-----|------|------|------|------|
| cm  | N/A | 29   | 31.5 | 34   | 36.5 |
| in. | N/A | 11.4 | 12.4 | 13.3 | 14.3 |

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# Sizing Guide used for

- Men's Sport Longs
- Men's Sport Shorts
- Men's Track Longs

## Men's Bottom's Sizing Guide

|     | XS   | S    | M    | L    | XL   | 2X   | 3X   | 4X   | 5X   |
|-----|------|------|------|------|------|------|------|------|------|
| cm  | 35   | 37.5 | 40   | 42.5 | 45   | 47.5 | 50   | 52.5 | 55   |
| in. | 13.5 | 14.5 | 15.5 | 16.5 | 17.5 | 18.5 | 19.5 | 20.5 | 21.5 |

### Step 1:

Pull out your favorite,  
best fitting bottoms.  
(Similar to what you're ordering.)

### Step 2:

Measure the waist  
left to right  
as indicated here.



### Step 3:

Find the size  
closest to yours  
on the chart.

## Boy's Bottoms Sizing Guide

|     | K1   | K2  | K3   | K4   | K5   |
|-----|------|-----|------|------|------|
| cm  | 22.5 | 25  | 27.5 | 30   | 32.5 |
| in. | 8.5  | 9.5 | 10.5 | 11.5 | 12.5 |

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# Sizing Guide used for

- Men's Sweaters
- Men's Hoodies
- Men's Zip up Tops
- Men's Track Tops

## Men's Hoodie, Sweater & Zip Up Top

|     | XS   | S    | M    | L    | XL   | 2X   | 3X   | 4X   | 5X   |
|-----|------|------|------|------|------|------|------|------|------|
| cm  | 52.5 | 55   | 57.5 | 60   | 62.5 | 65   | 67.5 | 71.5 | 76   |
| in. | 20.5 | 21.5 | 22.5 | 23.5 | 24.5 | 25.5 | 26.6 | 28.1 | 29.9 |

### Step 1:

Pull out your favorite,  
best fitting shirt.

(Similar to what you're ordering.)

### Step 2:

Measure under the arms  
left to right  
as indicated here.



### Step 3:

Find the size  
closest to yours  
on the chart.

## Boy's Hoodie, Sweater & Zip Up Top

|     | K1   | K2   | K3   | K4   | K5   |
|-----|------|------|------|------|------|
| cm  | 40   | 42.5 | 45   | 47.5 | 50   |
| in. | 15.5 | 16.5 | 17.5 | 18.5 | 19.5 |

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# Sizing Guide used for

- Women's Sweaters
- Women's Hoodies
- Women's Zip up Tops
- Women's Track Tops

## Women's Hoodie & Zip Up Top

|     | XS   | S  | M    | L  | XL   | 2X | 3X | 4X   | 5X   |
|-----|------|----|------|----|------|----|----|------|------|
| cm  | 48.5 | 51 | 53.5 | 56 | 58.5 | 61 | 66 | 70   | 75   |
| in. | 19   | 20 | 21   | 22 | 23   | 24 | 26 | 27.5 | 29.9 |

### Step 1:

Pull out your favorite,  
best fitting shirt.

(Similar to what you're ordering.)

### Step 2:

Measure under the arms  
left to right  
as indicated here.



### Step 3:

Find the size  
closest to yours  
on the chart.

## Girls's Hoodie & Zip Up Top

|     | K1 | K2   | K3 | K4   | K5 |
|-----|----|------|----|------|----|
| cm  | 36 | 38.5 | 41 | 43.5 | 46 |
| in. | 14 | 15   | 16 | 17   | 18 |

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# Sizing Guide used for

- Women's Sport Longs
- Women's Sport Shorts
- Women's Track Longs

## Women's Bottom's Sizing Guide

|     | XS   | S    | M    | L    | XL   | 2X   | 3X   | 4X   | 5X   |
|-----|------|------|------|------|------|------|------|------|------|
| cm  | 35   | 37.5 | 40   | 42.5 | 45   | 47.5 | 50   | 52.5 | 55   |
| in. | 13.5 | 14.5 | 15.5 | 16.5 | 17.5 | 18.5 | 19.5 | 20.5 | 21.5 |

### Step 1:

Pull out your favorite,  
best fitting bottoms.

(Similar to what you're ordering.)

### Step 2:

Measure the waist  
left to right  
as indicated here.



### Step 3:

Find the size  
closest to yours  
on the chart.

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# Sizing Guide used for Women's Sport Skirts Women's Sport Skorts

## Women's Skirt Sizing Guide

|     | XS | S  | M  | L  | XL | 2X | 3X | 4X | 5X |
|-----|----|----|----|----|----|----|----|----|----|
| cm  | 41 | 44 | 47 | 49 | 52 | 54 | 57 | 59 | 62 |
| in. | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 |

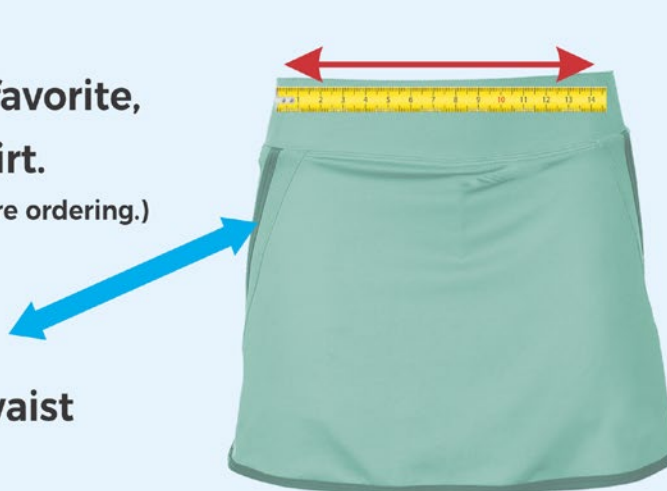
### Step 1:

Pull out your favorite,  
best fitting skirt.

(Similar to what you're ordering.)

### Step 2:

Measure the waist  
left to right  
as indicated here.



### Step 3:

Find the size  
closest to yours  
on the chart.

## Girl's Skirt Sizing Guide

|     | K1 | K2 | K3 | K4 | K5 |
|-----|----|----|----|----|----|
| cm  | 28 | 31 | 34 | 36 | 39 |
| in. | 11 | 12 | 13 | 14 | 15 |

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# Sizing Guide used for Women's Sport Dresses

## Women's Dress Sizing Guide

|     | XS   | S    | M    | L    | XL   | 2X   | 3X   | 4X   | 5X   |
|-----|------|------|------|------|------|------|------|------|------|
| cm  | 39   | 41.5 | 44   | 46.5 | 49   | 51.5 | 54   | 59   | 63   |
| in. | 15.3 | 15.8 | 16.8 | 17.8 | 18.8 | 19.8 | 20.8 | 22.8 | 24.8 |

### Step 1:

Pull out your favorite,  
best fitting dress.

(Similar to what you're ordering.)

### Step 2:

Measure under the arms  
left to right  
as indicated here.



### Step 3:

Find the size  
closest to yours  
on the chart.

## Girl's Dress Sizing Guide

|     | K1  | K2   | K3   | K4   | K5   |
|-----|-----|------|------|------|------|
| cm  | N/A | 29   | 31.5 | 34   | 36.5 |
| in. | N/A | 11.4 | 12.4 | 13.3 | 14.3 |

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